

30年创始人专注教育行业

全品学练考

高中英语1

BS

必修第一册

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Unit 1 LIFE CHOICES

主题素养积累

What career will it be in your future?



What are you going to be when you grow up? This question **is meant to make** the students think about what type of career they would like to pursue (道 求). Their answer guides us in the advice we provide.

As a young teenager, I made the decision that I wanted to be a Doctor of Medicine. I was unable to put my finger on exactly when or how this came about, but by the time I was a senior in high school, I was sure of it.

I spent the next four years of my academic life **burying myself in** medical studies. In order to get the grades necessary to **be admitted to** a medical school, I spent large amounts of time in the library. From my sophomore year $(\pm \pm)$ on, I was known around the campus as "Doc" Rogers.

At first, it was a bitter pill to swallow (吞咽). Fortunately, while enrolled (使加入) in graduate school, I found a part-time teaching job at a private high school in the south-west corner of Miami, Florida. I enjoyed it so much that upon completing my graduate studies, I headed back north and spent the rest of my 20s teaching and coaching.

I discovered I really liked working with young people in an educational setting. As I mentioned above, I am an academic adviser. I also work as a learning specialist. I enroll the students in classes and then give them the tools they need to be successful in the course. It's a perfect combination in which I take pride.

Once again, what are you going to be when you grow up? My experience has led me to believe that the answer to this question requires a process of trial and error (反复试验). Every new endeavour (努力) you pursue, success you experience, failure you endure (忍受), place you visit, person you meet, class you take, etc, will assist you in narrowing it down as to what career will be an excellent fit for you.

【主题词句背诵】

- 1. be meant to do sth 应该/意在做某事
- 2. put one's finger on 正确指出
- 3. bury oneself in 致力于
- 4. be admitted to 被……录取;准许进入
- 5. as sb mentioned above 正如前面某人所提及的
- 6. be successful in... 在 ····· 中取得成功

7. As a young teenager, I made the decision **that I** wanted to be a Doctor of Medicine. (同位语从句) 少年时,我就决定要成为一名医学博士。

8. I enjoyed it **so** much **that upon completing** my graduate studies, I headed back north and spent the rest of my 20s teaching and coaching. (结果状语从 句:如此……以至于;介词+动名词:—……就……) 我非常享受这一切,我一完成研究生学业,就回到了 北方,在我二十来岁到三十岁的时间里一直在从事 教学和指导工作。

9. It's a perfect combination **in which I take pride**. (定语从句) 这是我引以为豪的完美组合。

单元知识概览			
核心单词	<pre>differ;schedule;confidence;competence;recover;injury;challenge;arise;range;various;convenient; addict;aim;distance;volunteer;stress;suffer;reduce;frank;remove;function;seek;typical;graduate; inspire;apply;eager;sort;power;supply;responsible;attractive;contact;contribution;intend;adapt</pre>		
核心短语	all in all; from time to time; according to; in person; tend to do sth; get ahead; suffer from; to be frank; due to; in other words; graduate from; all sorts of; give up; deal with; be responsible for; as well as; adapt to sth; at the moment; look forward to (doing) sth		
重点句型	1. 双重否定结构 2. find + 宾语 + 宾语补足语 3. 强调谓语 4. so that 引导目的状语从句 5. 动 名词(短语)作主语 6. 部分否定		
单元语法 和词法	语法:动词不定式;词法:-ed/-ing形容词		
单元写作	如何写个人邮件		

语言知识梳理

词汇点睛

(3) difference n. 不同(点)

make a difference (to...)(对……)有影响

(4) differently adv. 不同地

【活学活用】

(1)单句填空

①It is not clear why dogs seem to have the ability to recognize _____(differ) facial expressions in humans.

② It is obvious that the two shirts differ

colour—one is red and the other is blue.

(2)写作金句

①(书面表达之建议信) Such a small action can in avoiding procrastination,

thus improving your efficiency.

这样一个小小的行动可以在避免拖延方面产生很大的影响,从而提高你的效率。

②(书面表达之语言学习) American English is in grammar,

spelling and pronunciation.

美式英语在语法、拼写和发音上与英式英语不同。

2. schedule *n*. 日程表, 计划表 *v*. 安排; 为…… 安排时间

(教材 P6) have different class **schedules** 有不同的课程安排

(1)ahead of schedule/time提前on schedule = on time准时behind schedule = behind time(进度上)落后(2)be scheduled for定在……进行be scheduled to do sth预计/计划做某事as scheduled如期;按照预定时间

	直击重点 突破考点
	旦山 里点 天娰方点
【活学活用】	
(1)单句填空	
	held Cultural Festival, which will focu
	d this year, is scheduled
(take) place ne	
-	meeting is usually scheduled
	on, when all lessons are stopped.
(2)写作金句	
①(书面表达之	こ通知)The course
	in the school lecture hall from
4:00 pm to 4:4	45 pm every Wednesday.
讲座定于每周	三下午 4:00 至 4:45 在学校演讲员
进行。	
②(书面表达之	と告知信), we ar
to gather in the	e lecture hall in our school at 6:50.
按计划 ,我们将	于 6:50 在学校的演讲厅集合。
3. confidenc	e n.自信,信心;信赖
(教材 P6) deve	elop confidence in speaking English
(教材 P6) deve 培养说英语的(
培养说英语的作	
培养说英语的作	言心
培养说英语的f (1)have/show	言心 w confidence in (doing) sth
培养说英语的f (1)have/show	盲心 w confidence in (doing) sth 对(做)某事有信心
培养说英语的f (1)have/show with confiden	言心 w confidence in (doing) sth 对(做)某事有信心 ace = confidently adv. 满怀信心地
培养说英语的f (1)have/show with confiden (2)confident	<pre>盲心 w confidence in (doing) sth 对(做)某事有信心 ace = confidently adv. 满怀信心地 adj. 自信的;有把握的</pre>
培养说英语的f (1)have/show with confiden (2)confident	<pre>in a confidence in (doing) sth</pre>
培养说英语的f (1)have/show with confiden (2)confident be confident o	<pre>盲心 w confidence in (doing) sth 对(做)某事有信心 ace = confidently adv. 满怀信心地 adj. 自信的;有把握的</pre>
培养说英语的f (1)have/show with confiden (2)confident be confident o 【活学活用】	<pre>in a confidence in (doing) sth</pre>
培养说英语的f (1)have/show with confiden (2)confident be confident o 【活学活用】 (1)单句填空	<pre>initial control in (doing) sth 对(做)某事有信心 ace = confidently adv. 满怀信心地 adj. 自信的;有把握的 of/about/that 对有信心,对有把握</pre>
培养说英语的f (1)have/show with confiden (2)confident be confident o 【活学活用】 (1)单句填空 ①With	<pre>盲心 w confidence in (doing) sth 对(做)某事有信心 ace = confidently adv. 满怀信心地 adj. 自信的;有把握的 of/about/that 对有信心,对有把握(confident), I think I could </pre>
培养说英语的f (1)have/show with confident (2)confident be confident o 【活学活用】 (1)单句填空 ①With get a satisfying	<pre> 言心 w confidence in (doing) sth 对(做)某事有信心 ace = confidently adv. 满怀信心地 adj. 自信的;有把握的 of/about/that 对有信心,对有把握(confident), I think I coul g score in the next exam.</pre>
培养说英语的f (1)have/show with confiden (2)confident be confident o 【活学活用】 (1)单句填空 ①With get a satisfying ②With a wave	<pre> 言心 w confidence in (doing) sth 对(做)某事有信心 ace = confidently adv. 满怀信心地 adj. 自信的;有把握的 of/about/that 对有信心,对有把握(confident), I think I coul g score in the next exam. e of his hand and a "Good night </pre>
培养说英语的f (1)have/show with confident (2)confident be confident o 【活学活用】 (1)单句填空 ①With get a satisfying ②With a wave gentlemen!",	<pre> 言心 w confidence in (doing) sth 对(做)某事有信心 ace = confidently adv. 满怀信心地 adj. 自信的;有把握的 of/about/that 对有信心,对有把握(confident), I think I coul g score in the next exam. e of his hand and a "Good night Peter continued on his way home</pre>
培养说英语的f (1)have/show with confiden (2)confident be confident o 【活学活用】 (1)单句填空 ①With get a satisfying ②With a wave gentlemen!", smiling	<pre> 言心 w confidence in (doing) sth 对(做)某事有信心 ace = confidently adv. 满怀信心地 adj. 自信的;有把握的 of/about/that 对有信心,对有把握(confident), I think I coul g score in the next exam. e of his hand and a "Good night </pre>
培养说英语的f (1)have/show with confiden (2)confident be confident o 【活学活用】 (1)单句填空 ①With get a satisfying ②With a wave gentlemen!", smiling (2)词汇升级	<pre> 言心 w confidence in (doing) sth 对(做)某事有信心 ace = confidently adv. 满怀信心地 adj. 自信的;有把握的 of/about/that 对有信心,对有把握(confident), I think I coul g score in the next exam. e of his hand and a "Good night Peter continued on his way home(confident).</pre>
培养说英语的f (1)have/show with confiden (2)confident be confident o 【活学活用】 (1)单句填空 ①With get a satisfying ②With a wave gentlemen!", smiling (2)词汇升级 (书面表达之志	<pre>盲心 w confidence in (doing) sth 对(做)某事有信心 ace = confidently adv. 满怀信心地 adj. 自信的;有把握的 of/about/that 对有信心,对有把握(confident), I think I coul g score in the next exam. e of his hand and a "Good night Peter continued on his way home(confident). </pre>
培养说英语的f (1)have/show with confiden (2)confident be confident o 【活学活用】 (1)单句填空 ①With get a satisfying ②With a wave gentlemen!", smiling (2)词汇升级 (书面表达之志 ability to make	<pre>言心 w confidence in (doing) sth 对(做)某事有信心 nce = confidently adv. 满怀信心地 adj. 自信的;有把握的 of/about/that 对有信心,对有把握(confident), I think I coul g score in the next exam. e of his hand and a "Good night Peter continued on his way home(confident). </pre>
培养说英语的f (1)have/show with confiden (2)confident be confident o (2)confident o (1)单句填空 ①With get a satisfying ②With a wave gentlemen!", smiling (2)词汇升级 (书面表达之志 ability to make community and	<pre>盲心 w confidence in (doing) sth 对(做)某事有信心 ace = confidently adv. 满怀信心地 adj. 自信的;有把握的 of/about/that 对有信心,对有把握(confident), I think I coul g score in the next exam. e of his hand and a "Good night Peter continued on his way home(confident). </pre>

our country. (n.)

 \rightarrow I ______ of/about your ability to make a difference to your family, to your community and to our country. (*adj*.)

4. recover *vi*.恢复健康,康复 *vt*.全额收回;寻回;重新获得;恢复;回收

(教材 P101) Although being a doctor keeps me very busy, with little time for leisure, I have no regrets as I love solving problems and I get to help people **recover** from illnesses and injuries.

虽然当医生让我很忙,几乎没有闲暇时间,但我没有 后悔,因为我喜欢解决问题,而且我可以帮助人们从 伤病中康复。

(1)recover from	从中康复
recover oneself	冷静下来;恢复镇定
(2) recovery n .	恢复;复苏;痊愈
make a full recovery	完全康复

【活学活用】

(1)单句填空/熟词生义

①Her doctor says that she will make a full

(recover) in a day or two.

②Curtin is CEO of DC Central Kitchen in Washington, DC, which **recovers** food and turns it into healthy meals.

(2)写作金句

(书面表达之建议信) After

, I advise you to take up gardening as

a hobby.

你病愈后,我建议你把从事园艺作为爱好。

5. injury *n*.伤,损害

(教材 P101) Although being a doctor keeps me very busy, with little time for leisure, I have no regrets as I love solving problems and I get to help people recover from illnesses and **injuries**.

虽然当医生让我很忙,几乎没有闲暇时间,但我没有 后悔,因为我喜欢解决问题,而且我可以帮助人们从 伤病中康复。

(1)do sb an injury = do an injury to sb		
	使某人受伤害	
(2)injure vt.	伤害,使受伤;损害	
(3) injured adj .	受伤的;有伤的	
be/get injured	受伤	
the injured 伤员		

【活学活用】

(1)单句填空

①Luckily, with his family's care, Goldie's _____

(injure) is cured.

②A terrible accident happened at the crossing and the _____(injure) were rushed to the hospital immediately.

(2)写作金句

(书面表达之健康生活) Applying oil to

_____ is a bad idea, as it will keep the heat in the wounds and may cause infection.

在**受伤部位**涂抹油是一个坏主意,因为它会使伤口 保持高温,并可能导致感染。

6. challenge *n*. 挑战;具有挑战性的事物 *vt*. 向……挑战;怀疑

(教材 P101) Unfortunately, the job can also be stressful, especially when **challenges** arise and I work so much that I feel I don't see my family enough. 不幸的是,这份工作也会有压力,尤其是当挑战出现时,我工作太忙,以至于我觉得我不能经常与家人见面。

(1)face/meet/accept/take up a challenge

	面临/迎接/接受挑战
(2) challenge sb to (do)	sth向某人挑战(做)某事
(3)challenging <i>adj</i> .	具有挑战性的

【活学活用】

(1)单句填空

①The new position challenges him

(study) still harder during his spare time.

②I know there will be many difficult and

(challenge) days ahead but I will never give up. (c) $\exists t \neq 0$

(2)写作金句

(书面表达之建议信) Knowing that you

in the new school, I'm

writing to give you my advice.

知道你在新学校**正面临许多挑战**,我写信给你提供 我的建议。



(教材 P7) One can't show high ideals without simple living; one can't have lofty aspirations without a peaceful state of mind.

非淡泊无以明志,非宁静无以致远。

句型公式	true success f	ailure.
双重否定结构:notwithout	一个人 不经历失败就无法取得 真正的成功	0
【句法分析】	②(书面表达之感谢信) I can	the
notwithout是一种双重否定结构,表示的是肯定	work	
含义,意为"没有不,只有才",其	没有你的帮助 ,我 永远无法完成 这项工作。	
中否定词 not 也可以替换为 never, hardly 等表示否 定意义的词。	③(书面表达之记人叙事) Sandy could no	t
【活学活用】	healthily	
写作金句	of his family.	
① (书面表达之演讲稿) One	没有家人的照顾和爱,桑迪无法健康成长。	

Period Two Lesson 1 Lifestyles (Reading)

课前自主探究

预习新课 研读课文

词汇助读	课文	翻译助读
①lifestyle n.生活方式	LIFESTYLES [©]	生活方式
②digital adj. 数字的,	I'm adigital [©] native [®] !	我是一名数码族!
数码的 ③native <i>n</i> .本地人	I'm Joe, $[1]_{\underline{a}}$ student from London. You'll often $[2]_{\underline{find}}$	
④ laptop n. 笔记本电脑,	me sitting in front of my $laptop^{\oplus}$.	我是乔,一名来自伦敦的学生。
便携式电脑	[1] 画线部分作前面 Joe 的同位语。	你会发现我经常坐在笔记本电
⑤range n.一系列;范围	[2] 画线部分为"find + 宾语 + 宾语补足语"结构,现在	脑前。
a wide range of 广泛的	分词短语 sitting in front of my laptop 作宾语补足语。	网络世界是我生活中的一个重
⑥besides prep.除	The online world is a big part of my life. I'm a "digital	
之外(还) ⑦chat vi. & n.闲谈,	native"—I've been using the computer $[3]$ since I was a	要组成部分。我是一名"数码
聊天	$\underset{\sim}{\overset{\text{kid}}}$.	族",在我还是个孩子的时候我
chat with 和聊天	[3] since 引导时间状语从句, since 意为"自以来"。	就经常使用电脑。
⑧daily adj. 每日的;日	I do a wide range of [®] things online. Besides [®] doing	我在网上做很多事情。除了做
常的	all my schoolwork, I $chat\ with^{\odot}$ my friends, watch	
⑨shop for 购买⑩various adj.各种各样	films and read the $daily^{\circledast}$ news and other interesting	所有的学校作业外,我还和朋
的;多种(类型)的	articles; I also $shop\ for^{\circledast}\ various^{\circledast}$ things online, such	友聊天,看电影,阅读每日新闻
①hardware n.(计算机)	as books, computer $hardware^{\oplus}$ and other $necessities^{\oplus}$.	和其他有趣的文章;我还在网
硬件	[4] It's so convenient [®] to be able to compare [®] the	上买各种各样的东西,如书籍、
¹ ②necessity n.必需品	$\mathbf{quality}^{\mathbb{G}}$ and prices from different online shops before	
③convenient adj. 方便 的,便利的	I buy. I also play computer games from time to time [®]	电脑硬件和其他必需品。买东
型compare <i>vt</i> .比较,对比	and I even play tennis on my television screen in my	西前,能够比较不同网络商店
⑮quality n.质量,品质	living room [®] !	的质量和价格是非常方便的。
llf from time to time 有时;	[4]本句中 it 作形式主语,不定式短语 to be able to	我有时也玩电脑游戏,甚至用
偶尔;间或	compareshops 作真正的主语; before 引导时间状语	客厅的电视屏幕打网球游戏
⑦living room 起居室	从句	1111111111111111111111111111111111111

词汇助读	课文	翻译助读
^⑧ addict n.对着迷	My parents are worried [5] that I may become an	父母担心我会成为一个网迷。
的人	"Internet addict [®] ". They think I'm playing computer	他们认为我一直玩电脑游戏,
¹ 1 all the time 总是,一直	games all the time [®] and I chat too much with online	
②according to 按所	friends. According to [®] them, there is a danger [6] that	并且总和网友聊天。在他们看
说,根据	I may not be able to tell [@] whether these friends are	来,我可能无法判断这些朋友
②tell v.知道;看出;确切地判断	real friends. My mum keeps telling me to go out with	是否是真朋友,这是危险的。
◎instead adv.相反;代	my school friends instead ^{$@. Maybe she's right. [7]It's$}	妈妈一直让我和学校的朋友们
替;反而;却	important to meet friends in person [®] from time to	出去玩(而不是在网上和朋友
²³ in person 亲自	time, not just on social media [@] . Actually [©] , I [8]do	聊天)。也许她是对的。时不
²⁴ media n.新闻媒体,	know I need to $\mathbf{drag}^{\text{(6)}}$ myself away from the online	
大众传播媒介(总称)	world sometimes, especially because real life can be	时与朋友见面是很重要的,不
social media 社交媒体	just as interesting.	能只是利用社交媒体交流。事
^您 actually <i>adv</i> .实际上,	[5] that 引导宾语从句, that 可以省略。	实上,我非常清楚有时我需要
事实上 鄧drag vt.拖,拉	[6] that 引导同位语从句,作名词 danger 的同位语;	强迫自己不上网,特别是因为
②goal n. 目标,目的	whether 引导宾语从句,作动词 tell 的宾语。	现实生活也可以一样有趣。
set a goal/goals 设定目标	[7]本句中 it 作形式主语,不定式短语 to meet friends	
⑧set out to do sth 着手	作真正的主语。	我是一名积极进取的人!
做某事,开始做某事	[8]do 起强调作用,强调谓语动词 know。	我是李颖。我喜欢为自己设定
29 senior adj. 较高的,高	I'm ago-getter!	目标。我是一个积极进取的
级的	I'm Li Ying. I like to set goals [@] for myself. I'm a "go-	人——当我着手做一件事时,
secondary adj. 中等教	getter"—when I set out to do^{\otimes} something, I do my	
育;中级的;次要的	best to achieve it.	我会尽全力去实现它。
senior secondary school	Senior secondary school [®] is a new start. Studying is	高中是一个新的开始。学习当
高中	definitely [®] a big part of my life. I tend to set [®] a goal	然是我生活中的一个重要部
③ definitely <i>adv</i> .确切地, 肯定地	for every $subject^{\otimes}$ at the beginning of^{\otimes} each term ^{\otimes} .	分。我倾向于在每学期开始时
③tend to do sth 易于做	My aim [®] is [9] to do well in every subject this term.	为每个科目设定一个目标。这
某事	$Biology^{\circledast}$ is my favourite subject, and my $target^{\circledast}$ is	
③subject n.科目	to prepare myself for $^{\otimes}$ my degree $^{\otimes}$ in biology at	个学期,我的目标是把每一门
③at the beginning of	university. I am always $attentive^{\circledast}$ in all classes and	学科都学好。生物是我最喜欢
在开始的时候	think actively, [10] so that I can have more free time	的学科,我的目标是为获得大
③term n.学期	to do other things that I'm interested in after school.	学生物学学位做好准备。我总
③aim n.目的,意图 vi.	[9]不定式短语在句中作表语。	是在所有课上专心听讲、积极
力求达到	[10] so that 引导目的状语从句;不定式短语 to do other	
③biology n.生物学	things 作定语,修饰名词 time; that 引导定语从句,修饰	思考,以便放学后我就能有更
③target n.目标	名词 things。	多空闲时间做其他我感兴趣
③ prepare oneself for 让自己为做好准备	I like reading books of all kinds. I have a top 10	的事。
③degree <i>n</i> .学位	reading list and I try to $[11]$ keep it updated [®] .	我喜欢读各种各样的书。我有
 ④ attentive adj.专心的; 	Meanwhile [®] , I'm an active member of my school's	一份阅读清单,上面列着十本
注意的;留心的	long-distance [®] running team and volunteering ^{\oplus} club.	
④update vt.更新	It always [12] makes me excited to work hard and	计划要读的书,并且我尽力更
④ meanwhile adv. 与此	achieve a team goal together.	新这份清单。同时,我也是学
同时	[11] 画线部分为"keep+宾语+宾语补足语"结构,过去	校长跑队和志愿者俱乐部的积
④distance n.距离,间距	分词 updated 作宾语补足语。	极成员。全力以赴,一起实现
④volunteer vi. & vt.	[12] 画线部分为"make + 宾语 + 宾语补足语"结构,形 容词 excited 作宾语补足语	团队目标,总是让我兴奋不已
自愿做 n.志愿者	台內 cauleu 作共由作定百	西水山物,心足比我六田个し

词汇助读	课文	翻译助读
④spare adj. 空闲的;空	[13] To achieve all I want, I must use my time well. At	为了实现我想要的一切,我必
▲ 山 田 山 友 田 山	school, I do my homework when I have $\textbf{spare time}^{\$}$.	
余的;闲置的;备用的	After school, I try to use any possible time $[\![14]\!]_{\underset{\sim}{\infty}}$	须好好利用时间。在学校,我
spare time 业余时间	revise [®] the things [15]I have learnt during the day.	
	For example, [16]it usually takes me 20 minutes to get	利用空闲时间做作业。放学
④revise vi. & vt.复习	home by bus. I often use the time to $review^{\textcircled{m}}$ English	
↓ ④review vt.温习,复习	words. [17]As the popular saying [®] goes, "Every minute	后,我尽可能利用所有时间温
	counts [®] !"	
418 saying n.格言,谚语	[13]不定式短语在句中作目的状语;I want 为定语从	习白天所学。例如,我坐公交
④ ④count <i>vi</i> .重要	句,修饰代词 all,从句省略关系代词 that。	
(到Count 们, 里安	[14]不定式短语在句中作目的状语。	车回家通常需要 20 分钟。我
⑤ ahead adv. 在前面;	[15] 画线部分为定语从句,修饰名词 things,从句省略	
	关系代词 that 或 which。	经常利用这个时间复习英语单
向前	[16]it 作形式主语,不定式短语 to get home by bus 作	
 get ahead 取得进步,获	真正的主语。	词。常言道:"分秒必争!"
	[17]as 引导非限制性定语从句,as 意为"正如"。	
得成功	Set a goal and get ahead [®]	设定目标并取得进步

Step 1 Fast reading



Step 2 Careful reading

- ()**1**. Why does Joe like to shop online?
- A. He is too busy with his studies.
- B. He can get better service online.
- C. He can make friends with those online shop owners.
- D. He can buy goods online of high quality at a low price.
- ()2. What are Joe's parents worried about?
- A. Joe is addicted to the digital world.
- B. Joe does not have enough physical exercise.
- C. Joe seldom has time for activities with his family.
- D. Joe spends too much money shopping online.

()**3**. What makes Li Ying excited according to the text?

- A. Joining the volunteering club.
- B. Becoming a member of the long-distance running team.
- C. Achieving her goal by working hard together with her teammates.
- D. Being praised for her achievements in study.
- ()4. What does Li Ying do on her way home?
- A. Updating her reading list.
- B. Going over what she has learnt at school.
- C. Chatting with other passengers on the bus.
- D. Reading the e-books on her mobile phone.

Step 3 Summary

Joe and Li Ying are both students in senior secondary school. However, they have completely 1. (differ) lifestyles.

Joe is a "digital native", 2. ______ spends lots of time sitting before the screen. He does 3. ______ wide range of things online and he enjoys the 4. ______ (convenient) of online shopping. His parents are worried 5. _____ his lifestyle and Joe also knows he needs to drag 6. (he)

语言知识梳理

词汇点睛

1. range *n*.一系列;范围;山脉 *v*.(在一定的范围内)变化

(教材 P8) I do a wide **range** of things online. 我在网上做很多事情。

(1)a wide range of	种类繁多的;广泛的	
in/within range	在可及的范围以内	
beyond/out of range	超出范围;在范围以外	
(2)range fromto = range betweenand		
	在到之间变化	

【活学活用】

(1)一词多义

① It is reported that the economic losses caused by the flood **range** between \$1 million and \$2 million.

② It offers a **range** of exciting courses to develop your skills.

(2)写作金句

①(书面表达之学校生活) As scheduled, various activities will be available in our school club, which to English

song performances.

按照计划,学校俱乐部将提供各种活动,从英语演讲 到英语歌曲表演。

②(书面表达之建议信) I suggest that we should regularly take part in

so that we can become well-rounded.

我建议我们经常参加各种各样的活动,这样我们才 能全面发展。

2. various *adj*. 各种各样的;多种(类型)的(教材 P8) ... I also shop for **various** things online, such as books, computer hardware and other necessities.

away from the online world and enjoy real life.

Li Ying is a "go-getter". She sets a goal for herself at the beginning of each term and then does her best 7. ______(achieve) it. To her, every minute 8. ______(count). So she spends her time 9. ______(wise) and makes good use of every minute. Besides working hard at all her 10. ______(subject), she is an active member of her school's long-distance running team and volunteering club.

直击重点 突破考点

······我还在网上买各种各样的东西,如书籍、电脑硬件和其他必需品。

(1)vary with	随而变化
vary in	在方面变化
vary fromto/betwee	n and
	在和之间变化
(2) variety n .	变化;多样化
a variety of = varieties of	各种各样的
[温馨提示] various 和 va	ried 都可以表示各种各样
的,varied 还可以强调多变的	勺,不同的。如:
With its varied climate, the	country attracts both winter
and summer sports enthusia	
该国气候多变,吸引了冬季	和夏季运动爱好者。
【活学活用】	
(1)单句填空	
①Our school organizes	
throughout the year, such	
cultural festivals, and scie	
⁽²⁾ Though Lucy and Lily are	twins, they vary
characters and hobbies.	
(2)词汇升级	
(书面表达之饮食文化)	The restaurant offers all
kinds of cuisines, including	Chinese, Italian, Mexican,
and Indian.	
\rightarrow The restaurant offers	
cuisines, including Chines	e, Italian, Mexican, and
Indian.	
3. convenient adj.方	便的,便利的
(教材 P8) It's so conveni	ent to be able to compare
the quality and prices from	om different online shops
before I buy.	

买东西前,能够比较不同网络商店的质量和价格是 非常方便的。

(1)It is/was convenient for sb to do sth.		
	做某事对某人来说很方便。	
(2) convenience n .	便利,方便	
at one's convenience	在某人方便时	
for convenience	为方便起见	
(3) conveniently adv.方便地,便利地		

[温馨提示] convenient 作表语时,不可用人作主语,而 要用物作主语或用 it 作形式主语;"当你方便的时候" 应译成 when it is convenient for you,而不是 when you are convenient。

【活学活用】

(1)单句填空

I keep my reference books near my desk for (convenient).

ONow that I've moved to a place near the subway entrance, I can go to work quite

(convenient).

(2)写作金句

①(书面表达之邀请信)

_____, I would like to invite you to attend my birthday party.

如果你方便的话,我想邀请你参加我的生日聚会。

②(书面表达之申请信) I would be very grateful if

you could inform me of your decisions

. (介词短语)

如果您能在方便的时候告知我您的决定,我将不胜 感激。

4. addict *n*.对……着迷的人;瘾君子

(教材 P8) My parents are worried that I may become an "Internet **addict**".

父母担心我会成为一个网迷。

(1) addicted adj .	上瘾的;沉迷于某种
	嗜好的
be/become/get addicted to	沉迷于(to 为介词)
(2) addiction n .	瘾,入迷,嗜好(常与
	介词 to 连用)

【活学活用】

(1)单句填空

①His _____ (addict) to video games has started to affect his school performance and social life.

② Many young people are addicted to _____(use) social media apps on their smartphones, which has a negative impact on their study and daily life. (2)写作金句

(书面表达之网络) I believe students lacking selfdiscipline

short videos, thus affecting their study and life.

我认为缺乏自律的学生容易沉迷于观看短视频,从 而影响他们的学习和生活。

5. tend to do sth 易于做某事;往往会/倾向于做某事

(教材 P9) I tend to set a goal for every subject at the beginning of each term.

我倾向于在每学期开始时为每个科目设定一个 目标。

(1)tend v .	照顾;照料	
vi .	倾向;趋于	
tend (to) sb/sth	照料;护理	
(2) tendency n .	倾向,趋势	
have a tendency to do sth	有做某事的倾向	
There is a tendency for sb to do sth.		
	某人有做某事的趋势。/	
	某人往往会做某事。	

【活学活用】

(1)单句填空/熟词生义

①On social media sites, people tend

(post) only positive updates that make them appear happy and friendly.

②People who are stressed out have a

(tend) to eat junk food as a way to comfort themselves. ③My sister is responsible for **tending** to our pet cat, making sure it has enough food and water every day.

(2)写作金句

(书面表达之语言学习) There is

when they face difficulties in learning a new language.

初学者在学习新语言遇到困难时往往会放弃。

6. aim n. 意图, 目的 v. 力求达到; 瞄准, 对准

(教材 P9) My **aim** is to do well in every subject this term.

这个学期,我的目标是把每一门学科都学好。

(1)achieve one's aim	达到某人的目的
with the aim of	有的目的
(2)aim to do/for sth	目标是(做),旨在
	(做)

aim at	朝瞄准;力求达到
be aimed at (doing) sth	目的是/旨在(做)某事
(3) aimless adj .	无目的的
(4) aimlessly adv .	漫无目的地

【活学活用】

(1)单句填空

①The programme aims _____(educate) and

prepare students for a challenging career in highly competitive society.

②She walked _____(aimless) in the street, as if thinking of something else.

(2)写作金句/一句多译

① (书面表达之学校生活) The school's speech contest is ______ students' public

speaking skills.

学校的演讲比赛旨在提高学生的公众演讲技能。

②(书面表达之传统文化)**旨在**弘扬中国传统文化, 我市将举办一次剪纸展。

→A paper-cutting exhibition will be held in our city _______ promoting traditional Chinese culture. (用介词短语)

→A paper-cutting exhibition will be held in our city, ________to promote traditional Chinese culture. (用定语从句)

7. distance *n*. 距离,间距 *v*. 使与……保持距离,撇清和……的关系

(教材 P9) Meanwhile, I'm an active member of my school's long-**distance** running team and volunteering club.

同时,我也是学校长跑队和志愿者俱乐部的积极 成员。

在远方;在远处
在远的地方;相隔
from
使疏远;拉开距离
遥远的;冷淡的

【活学活用】

(1)单句填空/熟词生义

①A thousand miles away from home is a long
(distant) for Emily who works abroad.

②From her voice I could tell that she was cold and **distant**.

(2)写作金句

(书面表达之推荐信) Rome is one of the most ancient cities in the world and is full of wonderful relics from its .

罗马是世界上最古老的城市之一,充满了来自其**遥**远过去的奇妙遗迹。



 (教材 P8) Actually, I do know I need to drag myself away from the online world sometimes, especially because real life can be just as interesting.事实上,我非常清楚有时 我需要强迫自己不上网,特别是因为现实生活也可 以一样有趣。

句型公式 强调谓语

【句法分析】

(1)在英语中,常用 do 的适当形式来强调谓语动词, 意为"的确,真的"。

(2)谓语动词只有两种时态能强调,即一般现在时和 一般过去时。在一般现在时中,主语为第三人称单 数时用 does 强调谓语动词,其余人称用 do 强调谓语 动词;在一般过去时中,用 did 强调谓语动词。

【活学活用】

(1)句式改写:强调句中的谓语

①She told me her address but I forgot all about it.

 \rightarrow She _____ me her address but I forgot all about it.

②She likes listening to pop songs in her free time.

→She _____ listening to pop songs in her free time.

③ I remember the first time I heard the sweetest voice in the wide world.

 \rightarrow I ______ the first time I heard the sweetest voice in the wide world.

(2)写作金句

(书面表达之生活与学习) such

a meaningful class will be carried out again in the future.

我们确实希望这样一个有意义的课程在未来还会再 次开展。

2. (教材 P9) I am always attentive in all classes and think actively, so that I can

have more free time to do other things that I'm interested in after school. 我总是在所有课 上专心听讲、积极思考,以便放学后我就能有更多空 闲时间做其他我感兴趣的事。

句型公式 so that 引导目的状语从句

【句法分析】

海查知道姑珊

句中 so that 用作连词,意思是"以便,为了",引导表示目的的状语从句,从句中常使用 can/could/may/ might/will/would/should 等情态动词。so that 还可

引导结果状语从句。 【**活学活用】** 写作金句(so that 引导状语从句)

①(书面表达之倡议书) We should work together

我们应该共同努力,这样我们就能实现我们的目标。 ②(书面表达之学校生活) Try to finish it within

②(节面表込之子牧主宿) Try to Timsi it within one day _____

on Sunday.

尽量在一天内完成,这样学生们周日还有一整天的 休息时间。

Period Three Lesson 2 Understanding and Coping with Stress

语言知识梳理	直击重点 突破考点	
词汇点睛	reading aloud, which	
1. stress <i>n</i> . 压力; 忧虑; 紧张; 强调 <i>vt</i> . 强调,	helps students improve their pronunciation and build	
着重	confidence in speaking English.	
(教材 P12)causes of stress	英语老师们总是强调大声朗读的重要性。这有助于	
导致压力的原因	学生改善发音,并建立说英语的信心。	
(1)under stress 在压力下	②(书面表达之健康生活) People	
lay/put/place stress on/upon sth	may experience headaches and	
强调/重视某物	sleeping difficulties. (介词短语)	
(2)stress the importance of 强调的重要性	处于压力下的人可能会出现头痛和睡眠困难。	
(3)stressful adj. 压力大的;令人紧张	2. suffer <i>v</i> .遭受(痛苦);变差	
的;繁重的	(教材 P12)kinds of people suffering from stress	
stressed adj. 紧张的;感觉有压力的	有压力的人	
be stressed out 焦虑不安;心力交瘁	(1)suffer from (身体或精神上)遭受(痛	
[温馨提示] stressed 意为"紧张的,感到有压力的",	苦),患病	
指人自身感到有压力;stressful 意为"令人紧张的,有压	(2)suffering n. [U](身体或精神的)痛苦;苦	
力的",指事物给人带来压力。	难; [pl.]苦恼	
【活学活用】	(3)sufferer <i>n</i> . 受苦者,受难者;患者	
(1)单句填空 [温馨提示] (1) suffer 用作及物动词,意思		
①The importance of reading can't	经历",其宾语一般是 loss,defeat,pain,damage,	
(stress) too much because "the small input will	punishment, hardship 等抽象名词。	
produce great value to society".	(2)suffer 用作不及物动词,常与 from 连用,后常接 the	
②Tai chi has taught me to relax my mind, enabling	war/the flood/a headache/illness 等作宾语,说明痛苦	
me to stay cool in(stress) situations.	的原因,表示"遭受苦难、病痛等"。	
③If you're feeling(stress), listening to		
some calming music can really help.	(1)单句填空/熟词生义	
(2)写作金句	$\ensuremath{}$ What worried him most was that his mother suffered	
① (书面表达之语言学习) English teachers always	bad heart disease.	
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 ② You shouldn't build your happiness on the	 (frank) and good humour. (2)写作金句 (书面表达之文学), the Chinese idiom "Qie Er Bu She" is one of my favourite expressions, which has helped me go through many tough days. 坦率地说,中国成语"锲而不舍"是我最喜欢的词语之一,它帮助我度过了许多艰难的日子。 4. in other words = that is to say 换句话说; 换言之 	
for you. 看到你遭受如此巨大的损失,我很难过,很想为你做 点什么。 3. frank adj.坦率的,坦诚的	(教材 P102) In other words , you can make a list and do all the important things first. 换句话说,你可以列出一个清单,先做所有重要的 事情。	
(教材 P102) to be frank , everyone suffers from stress at some time in their life 坦率地说,每个人都会在生活中的某个时刻承 受压力	in a word总而言之have a word with sb和某人谈一谈have words with sb与某人争吵keep one's word遵守诺言	
 (1)to be frank 坦白说,坦率地说 (2)frankly adv. 坦率地;直率地 frankly speaking 坦率地说 (3)frankness n. 率直,坦率,坦白 	break one's word 食言,失信 【活学活用】 用 word 相关短语的适当形式填空 ①They asked him to leave the company—	
【活学活用】 (1)单句填空 ①Many parents(frank) admit that they have trouble bringing up their children. ②Everyone liked the young man for his	<pre>, he was fired. ② Tom, and you can learn more about what he thinks. ③Paul is kind, hard-working and intelligent, I can't speak too highly of him.</pre>	

Period Four Lesson 3 Your Life Is What You Make It (Reading)

课前自主探究

预习新课 研读课文

贯的;典型的room, [1] feeling tired. He had started working at seven in the morning and it was eight in the evening now. He had to prepare his lessons for the following day. This is a typical ^① day for Zhang Tian. [2]Coming to Guizhou Province ^② to teach has been quite an experience for him. [1] 画线部分为现在分词短语,在句中作状语。堪,终于回到了自己的小窝 他从早上七点开始一直在口 论须为第二天备课。这是张子 平常的一天的生活。来贵州名 教书对他来说是一次不寻常的	词汇助读	课文	翻译助读
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[1] 画线部分为现在分词短语,在句中作状语。 教书对他来说是一次不寻常自		to Guizhou $\mathbf{Province}^{\odot}$ to teach has been quite an	业须为 第 一大备保。这是张大
		experience for him.	平常的一天的生活。来贵州省
		[1] 画线部分为现在分词短语,在句中作状语。	教书对他来说是一次不寻常的
[2]画线部分为动名词短语,在句中作主语 体验		[2] 画线部分为动名词短语, 在句中作主语	体验

词汇助读	课文	翻译助读
③graduate vi.毕业	Zhang Tian graduated from [®] university and got a	去年,张天大学毕业并考取了
graduate from 从毕业	teacher's certificate ⁽¹⁾ last year. His parents, like most,	教师资格证。和大多数人一
□ ④certificate <i>n</i> .合格证书	hoped he would go to a big city to find a teaching job.	样,他的父母希望他能去一个
⑤likewise adv.同样地	$\mathbf{Likewise}^{\mathbb{S}}$, his friends all left his hometown for work	大城市从事教学工作。同样
⑥inspire vt.鼓励,激励	in Shanghai or Beijing. Zhang Tian felt differently,	地,他的朋友也都离开了家乡
⑦apply vi.申请;请求	however. He wanted to start a new lifestyle. He had	到上海或北京工作。然而,张
⑧eager adj. 热切的;渴	met wonderful teachers from small villages during his	天却有不同的想法。他想要开
望的	early school years and he was $\mathbf{inspired}^{\scriptscriptstyle{(j)}}$ by them to go	始一种新的生活方式。在上学
	and teach [3] where he was needed the most. For that	初期他遇见了一些来自小村庄
	reason he $\boldsymbol{applied}^{\oslash}$, and became a volunteer teacher in	的好教师,他被他们所鼓舞,到
all sorts of 各种各样的	a village school. [4]Bringing with him lots of books,	最需要他的地方去教学。因
⑩independently adv .独	clothes, and two pairs of trainers, Zhang Tian travelled	此,他申请并成了一所乡村学
立地,自立地	to the village with an $\textbf{eager}^{\circledast}$ heart. He imagined \textbf{all}	校的志愿教师。张天带着很多
^① live up to 符合(期望);	sorts of [®] exciting things about living independently [®]	书、衣服和两双运动鞋,还有一
不辜负;遵守(诺言)	and teaching in a village.	颗热切的心来到了村庄。他想
⑫dusty adj. 布满灰尘的	[3] where 引导地点状语从句。	象着自己在村里独立生活、教
¹³ muddy adj. 泥泞的,	[4] 画线部分为现在分词短语, 在句中作状语。	书,会发生各种各样令人兴奋
多泥的	However, not everything lived up to [®] Zhang Tian's	的事情。
④challenging adj. 有挑	hopes. The school was much smaller than he had expected,	然而,不是每件事都像张天希
战性的	with only three classrooms. In front of the classrooms,	望的那样。学校比他想象的小
¹ ⑤power <i>n</i> .电,电力;力量	there was a playground [5] which got dusty [®] on windy	得多,只有三间教室。教室前
¹ ⑮supply n.供应,供给	days and muddy [®] on rainy days. [6] Living in the	面有一个操场,刮风时扬尘,下
⑦unstable adj.不稳定的	village was also more challenging [®] than he had thought.	雨时泥泞不堪。住在村子里也
¹ ⑧shower vi.(洗)淋浴	The power [®] and water supplies [®] were unstable [®] , so	比他想象的更具挑战性。电和
¹⁹ thought <i>n</i> .想法	he could only shower [®] every three or four days, and	水的供应不稳定,所以他只能
②flash vi. & vt.闪现,	he had to learn $[7]$ how to cook. The thought [®] of leaving	每三四天洗一次澡,他还必须
闪过 <i>n</i> .照相机闪光灯	once flashed ⁽²⁾ through his mind, but he quickly gave	学会做饭。离开的想法曾在脑
四度 <i>n</i> .照相机闪几闪 ②give up 放弃	\mathbf{up}^{\otimes} the idea and found ways to deal with ^{\otimes} the challenges.	中闪现,但是他很快放弃了这
	[5]which 引导定语从句,修饰名词 playground。	个念头,并且找到了应对挑战
²² deal with 对付,应付,	[6] 画线部分为动名词短语,在句中作主语。	的办法。 学校只有三名老师,张天是唯
处理	[7] 画线部分为"特殊疑问词 + 不定式"结构,在句中作	一的英语老师。另外两名当地
^② responsible <i>adj</i> .负责	宾语。 The school had just three teachers and Zhang Tian was	
的;有责任心的	the only English teacher. The other two local teachers	34师负负340级子和语父。为 了让学生的校园生活更有益健
be responsible for 对	were responsible for [®] maths and Chinese. [8] To	
负责	make school life healthier and livelier for his students,	设了更多的课程——音乐、艺
@subject n. 学科,科目,	Zhang Tian introduced more subjects [®] to the school—	术和体育。毫不意外的是体育
课程	music, art and PE. [9]It is not surprising [®] that PE is	是孩子们最喜欢的科目。他们
②surprising adj. 令人	the kids' favourite subject! Their school lives are now	的学校生活现在更有吸引力也
惊讶的;出人意料的	more attractive [®] and interesting, and they enjoy	更有趣,他们喜欢在操场上踢
您attractive adj.有吸引	playing football in the playground, as well as [®] singing	足球,也喜欢唱学过的歌。校
力的;好看的,美观的	songs [10] they've learnt. The school is now full of	园里现在充满了笑声和音乐。
⑦as well as以及	laughter [®] and music. Zhang Tian is planning to organise	张天正在计划组织第一场学校
⑧laughter n.笑;笑声	the first-ever school concert! Everyone is very excited	音乐会! 大家都很兴奋
enuginer no. 大,大广	the first star senser concert, freigone is very excited	

		(误衣)
词汇助读	课文	翻译助读
②over adv.结束	[8] 画线部分为不定式短语,在句中作目的状语。	张天在这儿的第一年就要结束
③tough adj.困难的,难	[9] it 作形式主语, that 引导的从句作真正的主语。 [10] 画线部分为定语从句, 修饰名词 songs, 从句省略	了。这是艰难的一年,但他喜
办的	关系代词 that 或 which。	欢和孩子们在一起。让他感到
③confident adj.自信的	Zhang Tian's first year is almost \mathbf{over}^{\oslash} . It has been a	欣慰的是他的学生能够读英
③besides prep.除	tough [®] year, but he has enjoyed working with the children. [11] What made him feel satisfied was that	语、说英语和写英语,并且在学
之外	his students were able to read, speak and write in	习上变得更自信。除了教学,
③contact n.联系,联络	English, and they became more confident [®] in learning. Besides [®] teaching, Zhang Tian also brought changes to	张天还为村子带来了其他变
vt.(写信,打电话)联系	the village. He contacted [®] charity [®] organisations [®]	化。他联系了慈善组织重修操
(某人)	about $rebuilding^{\circledast}$ the playground and $setting \ up^{\circledast}$ a	场并开设图书馆,帮助村民在
③charity n. 慈善机构,	library, and helped the villagers sell local products online. The contribution [®] [12]he made to the village	网上销售当地产品。他为村子
慈善团体	was great, so he became very popular among the	做了很大贡献,所以他在村民
⑤organisation n.组织,	villagers and they treated him as one of them. The	中很受欢迎,村民也把他当作
团体,机构	village is like his second home now. Although he had only intended [®] to stay for one year, he now feels	村子里的一员。这个村子现在
ℬrebuild vt.重建	$\mathbf{ready}^{\scriptscriptstyle (\!0\!)}$ to stay for another year. He feels so happy that	就像他的第二个家。虽然他原
^③ set up 建立;创建	he followed his heart when choosing what to do with	本只打算待一年,但现在他准
\circledast contribution n . 贡献	his life, even though it may not be [13] what others expected of him.	备再待一年。他感到很幸福,
¹¹ ③intend vt.计划,打算,	[11]what 引导主语从句;that 引导表语从句。	因为在选择如何对待自己的人
想要	[12] 画线部分为定语从句,修饰名词 contribution,从句 省略关系代词 that 或 which。	生时,他跟随了自己的内心,尽
④ready adj.准备好的	[13]what 引导表语从句	管这可能不是别人所期望的

Step 1 Fast reading

YOUR LIFE IS WHAT YOU MAKE IT	(Para.1) A 1	in the village school.
	-((Para.2) The 2	to be a volunteer teacher.
	(Para.3) Some 3	when he arrived.
	(Paras.4—5) The 4	of the school, students and the village.

Step 2 Careful reading

()**1**. How did Zhang Tian feel before he arrived at the village?

A. Tired. B. Excited.

C. Nervous. D. Disappointed.

()**2**. What changes did Zhang Tian bring to the village besides teaching?

- A. He helped the villagers sell local products online.
- B. He introduced new farming methods to the villagers.

- C. He collected lots of books and clothes for the villagers.
- D. He helped more students go into their dream university.

()**3**. How long has Zhang Tian been working in the school?

- A. For nearly a year.
- B. For one and a half years.
- C. For almost two years.
- D. For more than two years.

- ()**4**. What is Zhang Tian likely to do next year?
- A. He will find a good job in a big city.
- B. He will go back to university for further education.
- C. He will set up more schools for the village.
- D. He will continue staying in the village as a volunteer teacher.

Step 3 Summary

Zhang Tian has been working 1. ______a a volunteer teacher in a village school in Guizhou Province since he 2. ______(graduate) from university last year. He travelled to the village with 3. _______e ager heart. However, he was a bit 4. ______(disappoint) when he saw the village for the first time. The conditions were much

语言知识梳理

词汇点睛

1. inspire *vt*.鼓励;激励;赋予灵感

(教材 P14) He had met wonderful teachers from small villages during his early school years and he was **inspired** by them to go and teach where he was needed the most.

在上学初期他遇见了一些来自小村庄的好教师,他 被他们所鼓舞,到最需要他的地方去教学。

(1)inspire sb to do sth 激励某人做某事	
be inspired by	受到鼓舞
(2) inspiring adj .	鼓舞人心的,激励的;启
	发灵感的(常修饰物)
inspired <i>adj</i> .	受到鼓舞的(多修饰人)
(3) inspiration n .	灵感;鼓舞人心的人或事物

【活学活用】

(1)单句填空

① _____(inspire) by my teacher, I signed up for the competition and made full preparations for it. ②It is really _____(inspire) to hear that my son got first place in the maths contest.

③ Music is a great source of _____(inspire), which can make you laugh, cry or shout.

(2)写作金句

(书面表达之学校生活) It was his teacher's constant encouragement that

正是他的老师的不断鼓励激励着他去更加努力地学习。

5. (bad) than he had expected.

Instead of giving up, Zhang Tian thought of 6._____(way) to improve the situation. He introduced new subjects and activities to the school, 7._____(make) the children's school life more attractive and interesting. To his great 8._____ (satisfy), his students were able to read, speak and write in English and they became more confident in learning. Besides teaching, Zhang Tian also brought changes to the village. He became so popular among the villagers 9._____ they treated him as one of them.

Zhang Tian enjoys working in the village and he now intends 10. (stay) for another year.

直击重点 突破考点

apply v.申请;请求;应用,运用;涂抹,敷
 (教材 P14—15) For that reason he applied, and became a volunteer teacher in a village school.
 因此,他申请并成了一所乡村学校的志愿教师。

(1)applyto	把运用到中去;	
	把涂到上	
apply (to) for	(向)申请,请求	
apply to do	申请去做	
apply oneself to	专心致志于(to 为介词)	
(2) applicant n .	申请人	
application <i>n</i> .	申请;申请书;应用;应用	
	软件	

【活学活用】

(1)单句填空

①Since last year, he has been applying himself to _____(study) traditional Chinese medicine.
②I sent a letter of _____(apply) last week, but I haven't received a reply so far.
③The position demands that any _____(apply) should have three years' experience.
(2)写作金句
①(书面表达之申请信) I am writing to ______ of your organization.

我写信是想**申请成为**你们组织的**一名志愿者**。

② (书面表达之建议信) I suggest you should

immediately, in person or by

letter.

我建议你立即亲自或写信申请这个职位。

3. eager adj. 热切的;渴望的

(教材 P15) Bringing with him lots of books, clothes, and two pairs of trainers, Zhang Tian travelled to the village with an **eager** heart.

张天带着很多书、衣服和两双运动鞋,还有一颗热切 的心来到了村庄。

(1)be eager to do sth	渴望做某事
be eager for sth	渴望得到某物
(2) eagerness n .	热切,渴望
with eagerness	热切地,急切地
in one's eagerness to do sth	某人渴望做某事
(3) eagerly adv .	渴望地,急切地

【活学活用】

(1)单句填空

①He was eager _____ (run) outside and play

with his friends as soon as the rain stopped.

②I woke up early and rushed out of the door in my (eager) to get to know my new school.

③When the well-known lecturer came in, he found that there were many students waiting

(eager) for his academic speech.

(2)写作金句

(书面表达之申请信) I am very passionate about the project and it.

我对这个项目非常热忱并渴望参与其中。

4. give up 放弃;停止

(教材 P15) ... but he quickly **gave up** the idea and found ways to deal with the challenges.

······但是他很快放弃了这个念头,并且找到了应对挑战的办法。

(1)give up (doing) sth 放弃(做)某事

(2) give in (to sb)	(向某人)让步,屈服
give off	发出(气味、热、光等)
give out	分发;用完;公布;停止运转
give away	颁发,分发;泄露(秘密);
	赠送
give way to	向让步;被代替
give back	归还;送回;使恢复

【活学活用】

用 give 相关短语的适当形式填空

①Bicycles are environmentally friendly because they won't _____ waste gases.

② Faced with difficulties, they never _____

but try their best to find a way out.

③ The brave young soldier would rather die than to the enemy.

④ People _____ much more by their gestures than by their words.

(5) At the end of the race his legs ______ and he collapsed on the ground.

5. responsible *adj*.负责的;有责任心的

(教材 P15) The other two local teachers were **responsible** for maths and Chinese.

另外两名当地教师负责教授数学和语文。

(1)be responsible for	对负责;是造成
	的原因
(2) responsibility n .	责任,职责,任务
take/shoulder/bear responsibility for	
	对负责
It is sb's responsibility	to do sth.
	做某事是某人的责任。
a sense of responsibilit	y责任感
(3) responsibly adv .	明事理地;合乎情理地;
	可信赖地

【活学活用】

(1)单句填空

①_____(responsible) is the price every man must pay for freedom.

②When he saw the crash, the young boy acted (responsible) and called the police.

(2)写作金句/一句多译

①(书面表达之环境保护) While we are enjoying the breathtaking beauty of nature, _____

we leave

no garbage, protecting the environment from being polluted.

在欣赏大自然的惊人美景时,我们有责任确保不留 下任何垃圾,保护环境免受污染。

②我们每个人都必须对自己的行为负责。

→Each of us must _____ our own

acts. (adj.)

→Each of us must

our own acts. (n.)

6. attractive *adj*.有吸引力的;好看的,美观的 (教材 P15) Their school lives are now more attractive and interesting...

他们的学校生活现在更有吸引力也更有趣……

(1)attract vt. 吸引;引起的注意		→The person I admire most is Yuan Longping, who	
attract/draw/catch one's attention/eye		food problem. (n.)	
1 11	吸引某人的注意力/眼球	→ The person I admire most is Yuan Longping, who	
be attracted by	被所吸引	The person r admire mos	solving the global food
(2) attraction n .	魅力,吸引力;诱人之处;吸引	problem. (v.)	
	人的地方/东西	-	4 田田
tourist attractions	= places of interest	8. intend vt. 计划, 打算	
	旅游景点	(教材 P15) Although he ha	
【活学活用】		for one year, he now feels	ready to stay for another
(1)单句填空		year.	
①Mount Tai is	(attract) to tourists	虽然他原本只打算待一年,但现在他准备再待一年。	
for its beautiful scen	ery and historical sites.	(1) intend to do/doing sth	
\bigcirc Now this former n	oyal palace is open to the public	intend sb to do sth	
as a major tourist	(attract).	had intended to do = inten	
(2)写作金句			本来打算做但没能做
(书面表达之校园生	活) Now the students	(2) intended adj .	意欲达到的;打算的,
	to learn from famous		计划的
professors at the university.		be intended for = be mean	
-	· ² 著名教授学习的 机会所吸引 。		专供使用
7. contribution		(3) intention n .	意图;目的
	tribution he made to the village	with the intention of (doi	-
was great	the made to the mage		带着(做)某事的目的
他为村子做了很大灵	- 荷井	(4) intentional adj .	故意的
		intentionally adv .	故意地
(1)make a contrib	ution/contributions to	【活学活用】	
	为做出贡献(to 为介词)	(1)单句填空	
(2) contribute v .	促成,造成;贡献;撰稿;捐	①His father intended him	(study)
	献/捐助;有助于;是的	medicine but he decided to	join the army.
	原因之一;增加,添加	2I	(intend) to call on you
contribute to	向捐献/撰稿	yesterday, but I had an une	expected visitor.
contribute to		(2)写作金句	
	进;导致;给投稿	①(书面表达之体育运动) Our school organized a
【活学活用】		five-kilometre cross-country running race	
(1)单句填空/熟词生	E义	im	proving our physical and
①In my opinion,	reading the English newspaper	mental health. (intention)	
regularly does contribute to(improve)		为了 增进我们的身心健康,	我们学校组织了一场五
my English.		公里越野跑比赛。	
②He made a very p	ositive	②(书面表达之建议信) In my opinion, Beijing	
(contribute) to the success of the project.		Language and Culture University, which enjoys excellent	
③Students are encouraged to contribute articles to		reputation for its language and culture courses	
the university magazine.		, is your right choice.	
(2)一句多译		在我看来,北京语言大学是你的正确选择,因为北京	
(书面表达之人物介绍)我最敬佩的人是袁隆平,他		在我看术,北东语百八字定你的正确选择,因为北京 语言大学的语言和文化课程 专为国际学生开设 ,享	
为解决全球粮食问题做了巨大的贡献。		有很高的声誉。	